

North Clay Middle School

Monday	Tuesday	Wednesday	Thursday	Friday
Aug - 5	Aug - 6	Aug - 7	Aug - 1 Aug - 8	Aug - 2 Aug - 9
		CORN DOG GREEN BEANS CARROTS / DIP BANANA JUICE MILK, VARIETY	CHICKEN PATTY/ BUN FRENCH FRIES BAKED BEANS PEACHES MILK, VARIETY	PORK FRITTER / BUN SCALLOPED POTATOES PEARS JUICE MILK, VARIETY
Aug - 12	Aug - 13	Aug - 14	Aug - 15	Aug - 16
CHICKEN NUGGETS BREAD CUCUMBER SLICES BAKED POTATO FRUIT COCKTAIL JUICE MILK, VARIETY	CHEESEBURGER / BUN CORN BAKED BEANS PINEAPPLE Go-Gurt JUICE MILK, VARIETY	HOT DOG /BUN SALAD W/ DRESSING BROCCOLI & CHEESE TROPICAL FRUIT SALAD JUICE MILK, VARIETY	CHICKEN DRUMS/ ROLL CELERY VEGGIE COOKS CHOICE PEARS PUDDING CUP JUICE MILK, VARIETY	CHICKEN WRAP CORN PEAS FRUIT COCKTAIL JUICE MILK, VARIETY
Aug - 19	Aug - 20	Aug - 21	Aug - 22	Aug - 23
NO SCHOOL TODAY	HAM / CHEESE SANDWICH CHIPS BAKED BEANS PEARS CELERY JUICE MILK, VARIETY	CHICKEN QUESADILLA SALAD W/ DRESSING CORN AND BLACK BEANS BANANA JUICE MILK, VARIETY	MEATBALL SUB. CHIPS CARROTS / DIP GREEN BEANS PEACHES MILK, VARIETY	TACO IN A BAG JUICE CORN PINEAPPLE BROC & CAULIFLOWER COOKIE MILK, VARIETY
Aug - 26	Aug - 27	Aug - 28	Aug - 29	Aug - 30
BBQ / BUN PEAS AND CARROTS TATOR TOTS APPLESAUCE JUICE MILK, VARIETY	HAMBURGER / BUN SEASONED WEDGES WATERMELON JUICE MILK, VARIETY	GENERAL TSO CHICKEN/RICE CALIFORNIA MEDLEY MANDARIN ORANGES FORTUNE COOKIE JUICE MILK, VARIETY	CHICKEN BREAST ROLL MASHED POTATOES GREEN BEANS PEACHES JUICE MILK, VARIETY	NACHOS SUPREME REFRIED BEANS CORN FRUIT COCKTAIL MILK, VARIETY

	Average	Weekly Target	% of Target		Average	% of Calories	Weekly Target
Calories	574	600-700	96%	Sugars	33.90* g	23.63%	
Cholesterol	46 mg			Protein	27.00 g	18.82%	
Sodium	979 mg	1360		Carbohyd	77.00 g	53.68%	
Fiber	6.18 g			Tot. Fat	17.62 g	27.63%	<=30.0%
Iron	2.70 mg			Sat. Fat	4.98 g	7.82%	<10.00%
Calcium	400.61 mg						
Vitamin A	1046 IU						
Vitamin C	10.30 mg						

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.